



The Belmont House Equine Clinic

USE OF INHALERS IN HORSES AND PONIES

It is extremely important that the following instructions are followed exactly if you are to get effective levels of medication into your horse's lungs. Numerous scientific studies have shown that each of the following steps has a marked effect on the effectiveness of inhalers. Please contact me for further advice if required.

1. Warm the inhaler to body temperature before use
2. Shake the inhaler for 30 seconds
3. Remove cap from inhaler
4. Waste the 1st spray
5. Attach the inhaler to the spacer and keep the inhaler vertical
6. Ensure mask is firmly in position with an airtight seal
7. Watch the breathing pattern for a few breaths and actuate the inhaler once – just before or immediately after the horse begins to breathe in
8. Allow a full inward breath to take in all of the spray
9. *If possible* - obstruct both nostrils after the horse has breathed in - to enforce breath-holding -for 5-10 seconds
10. Wait at least 30 seconds before next spray and shake again beforehand

ALSO:

- Wash the Babyhaler/Aeromask spacer weekly in detergent. Don't rinse with water afterwards. Then allow to drip dry overnight (don't towel-dry)
- Keep a record of the number of doses used so you know when the inhaler is empty (it will continue to spray after the drug has run out)