

USE OF INHALERS IN HORSES AND PONIES



It is extremely important that the following instructions are followed exactly if you are to get effective levels of medication into your horse's lungs.

Numerous scientific studies have shown that each of the following steps has a marked effect on the effectiveness of inhalers.

Please contact us for further advice if required.

1. **Warm** the inhaler to body temperature before use.
2. **Shake** the inhaler for 30 seconds.
3. **Remove cap** from inhaler.
4. **Waste** the first spray.
5. **Attach** the inhaler to the spacer and keep the inhaler vertical.
6. Ensure **mask** is firmly in position with an **airtight seal**.
7. Watch the breathing pattern for a few breaths and **actuate the inhaler once**—just before or immediately after the horse begins to breath in.
8. Allow a **full inward breath** to take in all of the spray.
9. If possible—**obstruct both nostrils** after the horse has breathed in—to enforce breath-holding for 5-10 seconds.
10. **Wait** at least 30 seconds before the next spray and **shake again** beforehand.

Also:

- Wash the babyhaler/aeromask spacer weekly in detergent. Don't rinse with water afterwards. Allow to drip dry overnight (don't towel dry).
- Keep a record of the number of doses used so you know when the inhaler is empty (it will continue to spray after the drug has run out)